



ANNUAL REPORT

JUNE 2008 – MAY 2009

PRESIDENT'S ANNUAL REPORT

This year CAPD has faced its' fair share of challenges however we have met them all with tenacity and energy.

One challenge is to raise sufficient funds for our projects. We have, in the past, been the fortunate recipients of matching funds through the International Development Fund (IDF) administered by the Wild Rose Foundation (WRF) of AB. We were therefore distressed to hear that the IDF was to be eliminated. Thanks to a writing and phoning campaign by supporters of international development, the decision was reversed. A new fund, using the same criteria as was previously applied by the WRF and administered by a citizen advisory board including members from the international development community, will be initiated with a \$1.3 million budget.

This year, CAPD has embarked on two capital campaigns for FANDIC, one of our Colombian Community Partners. The campaign to raise \$17,000 to purchase a used van has been completed with the help of private donors and the WRF.

Our second campaign, to raise \$50,000 for a new Learning and Therapy Centre for FANDIC, has led us to embark on our biggest fundraising undertaking ever – an annual golf tournament. The golf committee is comprised of CAPD board members, family and friends including members of the local Colombian community. Preparations are well in hand for this year's tournament which will be held on July 24th at Boulder Creek Golf Course. Go to www.globalsteps.org for further details.

Thank you all our supporters in helping us to help our partners in Colombia to improve their quality of life. We are making a difference.

Sincerely,

Craig Baskett,
Chair, CAPD Board of Directors
May 2009

MANAGING DIRECTOR ANNUAL REPORT

HIGHLIGHTS FROM THE PAST YEAR

Our efforts this year focused on our two Colombian community partners, FANDIC (Friends of Disabled Children for their Integration into the Community) and ASODISPIE (Association of Disabled Peoples of Piedecuesta). The following report provides highlights of the past year with respect to these organizations.

FANDIC

CAPD was delighted to welcome Olga Lucia Santamaria, President of FANDIC, to Canada from August 25 to September 17th, 2008. Olga attended the Rehabilitation International conference in Quebec City, where she presented a paper titled *CBR in a marginalized sector of Colombia* and a poster titled *Through dance children with disabilities in FANDIC become more independent*. Her visits included Laval University and Estires Rehabilitation Centre in Quebec; and Mount Royal College, The Fanning Centre, and the University of Calgary in Calgary. She also presented the work of FANDIC during meetings and receptions in Quebec and in Calgary. Her trip was paid largely by CIDA, with CAPD paying the leg from Montreal to Calgary. Our thanks go to Trish Picherack for donating the wine for the Open House reception in Calgary.

CAPD member & volunteer, Chantal Camden, gave two academic presentations at the Community Based Rehabilitation (CBR) Congress at the University of Santander in Bucaramanga from April 24, 25, 2009. Olga Lucia was one of the leading organizers of the congress and also one of the speakers.

CAPD supported FANDIC's campaign to purchase a used van to transport children to the FANDIC centre and to assist community workers with home visitation. \$17,000 was raised through donations and Wild Rose Foundation matching funds. The money was received by FANDIC in May, 2009.

CAPD is in the process of raising funds for FANDIC's new Learning and Therapy Centre. Assistance with infrastructure projects marks a change from CAPD providing limited financial support to program related projects only. Funds are being raised through special events such as a golf tournament. Our special thanks go to Thelma Wagner, Alfonso Mejia, Jaime Mejia and David Reis for their assistance on these special projects.

ASODISPIE

CAPD and ASODISPIE completed a 3-year health project in March 2009 that provided training sessions regarding self care to members of four disability groups. Our thanks go to Rocio Nuñez and Ofelia Buitrago, project facilitators, and to Henry Tabares (President) and Oscar Guevara (Treasurer), onsite project directors. Our special thanks to the Wild Rose Foundation for

supporting this project with matching funds in its second and third years. Besides the outcome of better health and greater independence for the participants, this project served as a capacity builder for ASODISPIE, and has led them to take further initiatives in health as well as other areas of concern to their members.

Acknowledgements:

CAPD would like to thank our donors and the Wild Rose Foundation of AB for providing the funds necessary to support the projects listed above. These projects benefit people with disability but our community partners by helping them gain practice in project development, financial accountability and documentation.

Respectfully Submitted,
Marlene Wiens
Managing Director
May 2009

RESEARCH COMMITTEE REPORT

The newly formed Research Committee consisting of Chantal Camden (chair), Nina Hrycak and Marlene Wiens revised the draft of the Terms of Reference and submitted it for Board approval. The purpose of the committee is to develop and assist in research activities with our partner associations in the field and in the publication &/or dissemination of information as per our mission statement.

To this end, Chantal Camden has been working with FANDIC to improve the specificity of project outcome measures, the improvement of information processing tools, the development of rehabilitation tools and of national research projects. She has also been working with ASODISPIE in the development of the second stage health project.

Nina Hrycak visited FANDIC and AOSDISPIE to gain firsthand knowledge of their programs.

Marlene Wiens has been working with ASODISPIE in the completion the final report of the three-year first stage health project, which includes evaluations, compilation of results from workshops and health histories.

Respectfully submitted,

Chantal Camden
Chair, Research Committee

PUBLIC RELATIONS COMMITTEE REPORT

The Public Relations Committee consisting of Myra Donnelly-Gay (Chair), Craig Baskett, Dr. Nina Hrycak, and Marlene Wiens are pleased to provide the following report on highlights from the past year.

Public relations material:

- Promotional Material was developed for the promotion of Plan Padrino for ASODISPIE.
- FANDIC developed brochures for their car and site campaigns. CAPD used them to produce one brochure that includes information on CAPD.
- **CAPD Webpage:** Craig Baskett purchased new software program for the CAPD website called Dreamweaver, and installed it and updated the CAPD website. He is continuing to work on it. The website is much more user-friendly and easier to update. CAPD was going to support Craig to take a 30 course on Dreamweaver this year, but the course was cancelled.
- **Email and Brochures for Golf Tournament:** Email promotional material and brochures were developed to promote the golf tournament on July 24.

Public Relations Activities:

- **President of FANDIC's visit:** Olga Lucia Santamaria, President of FANDIC, visited Calgary from Sept 7 – 15 where she visited MRC, Fanning Centre, SCOPE and U of C. She gave a presentation on FANDIC at an Open House organized by CAPD. Her trip was largely paid for by CIDA; CAPD paid for her ticket from Montreal to Calgary at a cost of \$758.45. Trish Picherack donated the wine for the reception.
- **CanadaHelps.org:** CAPD joined an organization called CanadaHelps.org which helps non-profit organizations access donations via the internet. This will be a great way for people to be able to donate funds easily from anywhere in the world.
- **Van for FANDIC:** A fundraising drive was initiated before Christmas to raise funds to buy a second-hand van for FANDIC. \$10,000 was raised by January by the committee, and the Wildrose Foundation awarded \$7,000 to complete the campaign.
- **Book Sale** took place on June 21, 2008 and raised \$420.50. Our next Book Sale is taking place on June 20, 2009.
- **Calgary River Pathway Clean** took place on May 3, 2009 and raised more than \$2,360.00.
- **New Learning and Therapy Centre for FANDIC:** This year, CAPD has committed to helping FANDIC raise funds to purchase a new centre for the children and their parents. A number of strategies are being used to enable this to come about: Letters were written to Foundations, and Companies that have connections with Colombia; the Casita Project led by Thelma Wagner; Carl Hiebert has offered to donate half of his speaking fees from companies contacted by CAPD members; and finally a Golf Tournament scheduled to be held on July 24, 2009

Respectfully submitted,
Myra Donnelly-Gay (Chair)

PROJECT DEVELOPMENT AND EVALUATION COMMITTEE ANNUAL REPORT

Committee Members:

Marlene Wiens (chair), Nilima Parikh, Rashmi Dhaubhadel, Chantal Camden

The Project Committee reviews applications submitted by our community partners. We review their projects with a view to increasing their skills in analyzing their objectives or what they hope to achieve, the results that are possible to achieve in one year and the measurements they will use to determine degree of success. In 2009 we received project applications from FANDIC and ASODISPIE in Colombia as listed below.

The Project Committee also develops and reviews application and reporting forms for our Community Partners to use. These forms are available in English and in Spanish. The committee was active in this sphere in 2009 as indicated below.

Project submissions from FANDIC

FANDIC submitted applications for their Nutrition and Dance programs. These programs receive repeated funding due to their success and their necessity for the wellbeing of the children.

Nutrition Program

This program provides nutritious snacks to the children of FANDIC on a daily basis. The mothers prepare the snack in FANDIC's kitchen. In 2008 snacks were given to 32 children from Monday to Friday for a total of 2301 snacks. One quarter of the mothers are involved in assisting with snack preparation, bread baking and in assisting children with severe disability to eat and swallow. As part of the program, children were taught basic hygiene, manners and safe eating habits while mothers took classes that taught them about the digestive process, nutritive preparation and the micro organisms that affect food.

CAPD provided \$3416.32 USD for this program in October 2009. The workshops for mothers on nutritious food preparation have been extended to include mothers new to FANDIC. Also, FANDIC has implemented a baseline nutritional evaluation of the children by measuring their size and weight as well as a baseline evaluation on the nutritional habits of the mothers.

Artistic Expressions Program

In 2008 there were 15 children the folk dance program. They learned four dances and gave nine presentations. They also have won third prize in a local competition for which they received a trophy. The dance program benefited the children in terms of their coordination, concentration, socialization and self esteem.

In 2009 the program was extended to include a game called *boccio* for children with severe mobility restrictions. The game is similar to lawn bowling and is played on a concrete surface.

CAPD provided \$2687.84 USD for this program, which includes payment for a dance instructor and materials for dance costumes.

Providing Opportunities Campaign

The WRF provided matching funds of \$7000.00 CAD for a total of \$17,000 CAD for FANDIC to purchase a used van. This funding will permit children with disabilities and their families to participate in therapies, recreational events and cultural activities through the purchase of a used van. The van will also permit community workers to reach families who live in zones that are distant from the FANDIC centre.

Project submissions from ASODISPIE

CAPD has supported ASODISPIE in a three-year health project and their plastic arts program, now in its second year.

Health Project

The basic premise of this project was to teach members of four disability groups how to maintain good health in relation to their disability. In actuality, the project extended beyond the topic of health and was also a focus for capacity building and team building. This project ended on March 31st, 2009. As a result of the project, people with disability learned how to prevent secondary health problems through implementation of self care plans. They also gained experience in sharing their knowledge and experience, and in taking leadership. The professional team also gained valuable experience as they learned to relate to their clients in a way that facilitated learning and the practice of new skills. They developed information brochures on the most pressing health issues discussed in the workshops, for future use. The Wild Rose Foundation of Alberta (WRF) provided \$9020.00 CAD in matching funds. Total expenditure for this project, from January 2008 to March 2009 was \$21,448.35 USD.

Second Stage Health Project

The professional team developed the next stage of the health project with the goals of developing 16 additional self care plans (bringing the total to 30), facilitating the inclusion of four children into school, increasing the participation of the family in the community, and improving the independence of people with disability. CAPD provided \$12, 000.00 USD for this project and the plastic arts project (below) in 2009.

Plastic Arts Project

In 2008 the plastic arts project began with 39 people with disability and 13 family members. They held two expositions one of which was held in the local library with a showing of 150 paintings. Several videos of the painting group have been placed on UTube.

This program continues in 2009 with two levels of classes. Calgary Art Therapist, Straja Linder-King, meets with Art Professor, Alberto Navas Mantilla, and project director and artist, Oscar Guevara Díaz, via SKYPE to provide guidance on art and disability.

CARE Belize

The WRF Accountability Report was completed on August 18, 2008 and accepted.

Bronwen Fund

The project committee developed a new fund using the donation of \$1,096.28 from Tony and Helen Persaud. The purpose of the Bronwen Fund is to promote the construction of adapted equipment for children and adults. A Fund application form was developed and revised by the committee. Both FANDIC and ASODISPIE were provided with \$400.00 USD to construct adapted equipment for their members. In addition, CAPD provided \$800.00 USD for the construction of two adapted strollers in ASODISPIE.

Marlene Wiens

Chair, Project development and evaluation committee

May 2009